



St Brigid's School Newsletter

06 August 2019



www.stbrigids.school.nz

Dear Parents/Caregivers

Over the last week or so I have come across a couple of interesting articles that I thought I would share.

The first was an article on Monotasking and the challenges young people (and adults) face in this technological society in which we live. Being able to stay on task and complete something fully is an important skill. It relates to the key competency of managing self. However in this day and age when people are so often on their devices, training yourself to stay with one thing and complete it is becoming more challenging. The temptation to flick from one thing to another, to go off on tangents and loose hours of your life that you will never get back viewing funny cat videos etc, tend to make our brains look for instant gratification and to become bored easily. Sticking with one thing, doing it well, then moving on when you have completed it is not modelled terribly well by adults in society so it is not surprising that children and young people struggle with it.

The second article was a piece on Stuff that looked at how damaging constantly yelling at children is. ***This is taken directly from the article: Shouting at kids losing effectiveness, parenting expert says!***

If you want your kids to have a bath, brush their teeth, do their chores, or go to bed, you might need to lower your voice.

According to parenting expert Te Karere Scarborough from The Parenting Place, shouting at your kids with the "caps lock on all the time" can become just as ineffective as smacking.

"Fear-based approaches don't always [work]... long term," he told *Seven Sharp*.

"What we're trying to build into our kids is to give them the sense of mana."

So why do we resort to yelling in the first place?

Scarborough explained it has a lot to do with our personal internal agendas, and while it does result in immediate compliance, it does wear off.

"Often, there's a really busy agenda going on in our head," he explained. Instead of putting that pressure on the kids, we should be "taking some of the pressure away from them".

Instead, parents should focus on the type of communication they are having with their kids and lower their voice.

Just parent more face-to-face, not parenting from the dinner table and shouting at them, but actually looking at them eye-to-eye and making sure that they're hearing you."

He also suggests lowering your voice so others have to "tune out" surrounding noise in order to listen to you.

While it is possible for parents to stop raising their voice and change their habits, Scarborough explained there is still a place for stern conversations or a sterner tone.

The full article can be found on Stuff website or from Seven Sharp (TV ondemand)

Learning together with strength of character and gentleness of heart





School Assembly
(Hui-a-kura)

Our school assembly will be held this week at **2.15pm on Friday 09 August** at the Johnsonville Community Centre.

Assembly will be taken by **our Pasifika Group**.

Parents are most welcome to join us.

Welcome

We warmly welcome our new students:

Ysabella Sayson in Room 4
Toby Hutchings who has joined Room 2.

We hope you both thoroughly enjoy being part of the St Brigid's family.

KEY DATES TO NOTE ON YOUR CALENDAR

Further details about these and other events can be found through this link [School Calendar](http://www.stbrigids.school.nz) on the website (www.stbrigids.school.nz)

Team Tahi	Mon 2 September	Rooms 1, 2 & 5 Trip to Pataka
Team Rua		
	Wed 21 August	Team 2 Gymnastics
	Wed 28 August	Team 2 Gymnastics
	Wed 4 September	Team 2 Gymnastics
Team Toru	Tues 13 August	Rooms 6 & 7 Gymnastics at ASB
	Wed 14 August	Year 5/6 Mathswell Competition 6.30-8.00pm, Karori West Normal School
	Tues 20 August	Rooms 6 & 7 Gymnastics at ASB Rooms 9 & 10 Gymnastics at ASB
	Fri 23 August	St Pat's College Entrance Scholarship Exam
	Tues 27 August	Rooms 9 & 10 Gymnastics at ASB
Other Events	Wed 7 Aug & Thurs 8 Aug	Learning Conversations School Closes at 2.00pm each day
	Fri 9 August	Mufti Day – Cans for Good
	Thurs 15 August	Board of Trustees Meeting
	Wed 21 August	Year 6 Camp Sausage Sizzle
	Thurs 22 August	Year 7/8 Mathswell Competition 6.30-8.00pm, Newlands Intermediate School
	Wed 28 August	Information Evening - Intermediate area of school
	Fri 30 August	Northern Zone Swimming
	Tues 3 September	'Yellow' mufti day for Cancer Society
	Wed 9 September	Fair meeting in staffroom at 3.00pm
	Thur 12 September	Fair meeting in staffroom at 7.00pm
Wed 25 September	Netsafe Parent Information Evening	



Learning Conversations tomorrow & Thursday for Year 2-8 Students



On-line bookings for learning conversations are now closed.

If you still require a meeting time with your child's teacher please contact the school office.

School will be closing at 2.00pm on both these days.

Two question survey on ordering lunches

It is good to see so many parents have booked for their child's Learning Conversation this week.

We are going to do a two question survey on lunches at the same time. On the door of your child's room there will be a quick survey asking

- 1. if you would like to increase ordering days from 2 to 3**
- 2. if so, what additional day would you prefer** (currently Mon & Fri)

We would be grateful if parents could quickly tick the boxes so we have more information to make a decision. For parents with more than one interview - just once would be great.

Thank you

Year 4-8 Swimming Sports

We had an awesome Year 4-8 Swimming sports yesterday. We are so proud of all our swimmers who gave their best, participated and encouraged other swimmers. It was great to see the school spirit alive at the pool.

A HUGE thank you to all the parents who came and helped run the event - you made it run so smoothly! Also a HUGE thank you to all those who came and watched and supported our swimmers.



Notices are going home today with those who have qualified for Northern Zone Swimming.



Year 6 Cupcake Camp Fundraiser



A **Big thank you** to everyone who baked, decorated and purchased cupcakes for our Year 6 camp fundraiser.

This was a wonderful fundraiser for our Year 6 students.

Here are some of our Year 6's selling cupcakes to our neighbours at Haumaru.

Communicating with parents - through our **St Brigid's School Facebook Group**

We have a school Facebook group that we use to keep parents and caregivers up to date with events, news and reminders.

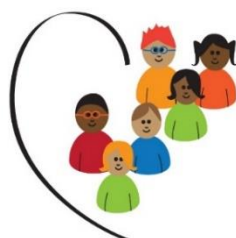
If you are keen to join the group, login to Facebook and type **St Brigid's School, Johnsonville 2019** into the search bar and request to join the group.

'Cans for Good'

We will be supporting Cans for Good again this year.

We are having a mufti day this **Friday 9 August**. Students need to bring a can of food that will then be donated to the Salvation Army Food Bank.

The cans can be handed into the class teacher and will be kept in the classroom. They will then be collected and delivered to the Salvation Army.



Friends & Whanau Fundraising
St Brigid's School

The Great St Brigid's Pie Fundraiser



Thank you to everyone who supported this fundraiser.

Pie orders will be available for collection from school on **Thursday 15 August**.

Please bring bags with you to carry your pie order home.





St Brigid's School Fair

Sunday 10 November



10.30am - 1.30pm
9 Phillip St, Johnsonville

Save your toys, books & DVDs

- This year's fair will have toy and book stalls, so please save your good quality toys and books for collections at end of October. We will also be looking for smaller toys for our lucky dip.
- This year we **will not** be having clothes and bric-a-brac stalls.

Next fair meeting

We are having two fair meetings in the staffroom in September:

1. Monday 9 September at 3pm and
2. Thursday 12 September at 7pm. Both meetings are in the staff room. Please put this in your calendar.

You only need to come to one!

3 stalls still need coordinators

We still need someone to co-ordinate the **Sweets stall** and someone to help Paul Murray with **Kids games**. We're also looking to have a **Box maze** at the Fair but needs someone to build it. We can provide instructions and help with this.

If you are interested in looking after one of the above or have another idea for a stall please contact Tracey on robinsfamilynz@gmail.com or call 027 202 4387.

[2019/20 Entertainment Book](#)

The 2019 | 2020 Entertainment Memberships are here, with exclusive offers for everything you love to do. It's our best Membership yet, packed with amazing offers for activities, attractions, shopping, travel and all kinds of tasty treats - from cool cafes to fabulous fine dining.

[CLICK HERE TO
SUPPORT US NOW!](#)



Max Robinson from Room 1 has lost his named black jacket with blue lining. If found, could you please return it to him or drop off to us in the school office. Thank you.



Community News

FILIPINO COMMUNITY MASS

All members of the Filipino community are invited to attend a **Mass on Sunday 11 August** at **4pm at Sts Peter and Paul Church, Johnsonville**, followed by a time of fellowship. Celebrant: Fr Marlon Tebelin, Filipino Chaplin.

Pre-loved Sports Sale, St Patrick's College, Kilbirnie: 10am-2pm, Saturday 17 August

Drop into the Sports Sale on 17 August and kit out your family with pre-loved sports gear and clothing (all codes included) in great condition. 1 item - \$10, 3 items \$20 with a small selection of items at specially marked prices. There will be a gold coin sausage sizzle and tea & coffee.

Got some gear to donate? Drop it at the college office or contact parentsassociation@stpats.school.nz. Thank you for supporting this fundraiser for St Patrick's College.

The Onslow College Rowing Club (OCRC) Book Fair Fundraiser - Sat 24 - Sun 25 August (9am - 3pm).

Our Book Fair includes coffee, cake and sausage sizzle sales. EFT-POS and parking is available - so book lovers everywhere can drive on up to take away lots of books! We have a fantastic selection and something for everyone.



Are you looking for something fun for the kids to do this term? Why not try Keas, Cubs, Scouts or Venturers. Our programmes are action-packed with activities, camps, tramps, badge work and loads of FUN.

We welcome girls and boys from 5 ½ years to 18 years.

So come along and meet new friends' develop skills, self-esteem and confidence.

Keas is for 5 ½ to 8 year olds, Cubs 8-10 years, Scouts 10-14 years and Venturers 14 – 18.

Check out our website <https://www.scouts.org.nz> or get in touch with us at 0800 726 887 reception@scouts.org.nz

Fire and Emergency Wellington - Free Home Fire Safety Visits

Fire and Emergency NZ are endeavouring to reduce the incidence and consequences of residential property fires. The approach of the *Free Home Fire Safety Visit* initiative is to educate families on home fire safety, working smoke alarms and safe meeting places.

For more information or to book a free visit, contact your local fire station or email FENZwellington@fireandemergency.nz

Bigair Gym Tawa - BOOK NOW for TERM 3! on 2323508 or email office@bigairgym.co.nz

